

Elucidating the mechanism of anti-apoptotic activity of α -crystallin and its therapeutic potential

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α - Crystallins are the structural proteins of the eye lens which possess anti-apoptotic activity. Both α A- and α B- crystallins are distinct antiapoptotic regulators which can interact with Bax and Bcl-XS, proapoptotic members of the Bcl-2 family in order to sequester their translocation into the mitochondria. Thus they may interfere with the mitochondrial apoptotic pathway which triggers Bax pro-apoptotic activity and the downstream activation of effector caspases such as Caspase-9 and Caspase-3. The differential regulation of α - crystallins has been observed in several ocular diseases such as age-related macular degeneration and many others. Crystallins interact with pro-apoptotic Bax and displayed cytoprotection against Bax-triggered apoptosis. α A-crystallin was found to inhibit chemical-induced apoptosis by inhibiting the activation of caspase-3 and caspase-9. Its antiapoptotic activity was found to be directly related to its chaperone activity. On the other hand, α B- crystallin associated with IKK- β activates its kinase activity which in turn, leads to the activation of NF- κ B; this activation protects myoblasts from tumor necrosis factor- α (TNF- α) - induced cytotoxicity by enhancing the expression of Bcl-2, an anti-apoptotic protein. The anti- apoptotic mechanisms may be exploited for therapeutic purposes in near future.

Key words: α - Crystallin, antiapoptotic mechanism, pro-apoptotic members, Bax, Bcl-2, Caspase-3, Caspase-9, retinal degenerations, IKK β , NF- κ B, therapeutic purposes

α - Crystallin belongs to the small heat shock protein (sHSP) family which are antiapoptotic proteins as well (de Jong *et al.*, 1993). It has been reported in previous studies that cells overexpressing α A- or α B- crystallin are more resistant to osmotic, thermal and oxidative stress (Dasgupta *et al.*, 1992, Aoyama *et al.*, 1993, Andley, 2007). At the same time, α - Crystallin is known to prevent apoptosis induced by a variety of agents which include staurosporine, UVA light, etoposide or TNF- α (Mehlen *et al.*, 1996, Mao *et al.*, 2004, Andley, 2008). There are various mechanisms by which α -crystallin may function as an antiapoptotic protein. For instance, it may interact with the proapoptotic molecules p53, Bax and Bcl X(S) and thus prevent their translocation to mitochondria during apoptosis (Liu *et al.*, 2007). During the process of lens fiber cell differentiation in the lens, α A- crystallin suppresses caspase activity which leads to the retention of lens fiber cell integrity following mitochondrial degradation and other organelles (Morozov and Wawrousek, 2006, Liu *et al.*, 2007). On the other hand, α B- crystallin is able to suppress the autocatalytic maturation of procaspase-3 and inhibit cytochrome c release during mitochondria (Kamradt *et al.*, 2002). Thus the ability of both crystallin subunits to regulate intracellular apoptotic signals is a remarkable feature which may be studied in greater details in future research.

Differences in gene regulation of α - crystallins have been observed in several ocular diseases such as age-related macular degeneration, stress-induced or inherited retinal degenerations. Their altered expression in pathological conditions reflects a possible role in cellular defensive response (Hamann *et al.*, 2013). An upregulation of α B- crystallins protects against cell death under stress conditions (Nagaraj *et al.*, 2016). Thus the ability of crystallins to protect cells against the undesirable consequences of cellular stress and protein denaturation highlights their therapeutic role in blocking protein aggregation and apoptosis.

Role of α A- crystallins in apoptosis

α - crystallins are known to possess antiapoptotic function by the regulation of intracellular apoptotic

signals. Both α A and α B subunits are known to interfere with the mitochondrial apoptotic pathway by triggering the Bax pro-apoptotic activity and the downstream activation of effector caspases (Hamann *et al.*, 2013). While α B- crystallin is involved in the abrogation of apoptosis via repression of Raf/MEK/ERK signal, α A- crystallin activates the Akt surviving pathway to inhibit apoptosis (Liu *et al.*, 2004, Hamann *et al.*, 2013). It has been demonstrated that α A- crystallin is able to inhibit the activation of two caspase proteins, caspase-3 and caspase-9 as well as prevent the chemically-induced apoptosis and the apoptosis induced by the overexpression of pro-apoptotic Bim and Bax (Mao *et al.*, 2004, Pasupuleti *et al.*, 2010).

Another level of prevention of apoptosis (Bax-independent or dependent) is performed by α A- crystallin. PI3K is responsible for the stimulation of the PI-dependent kinase through PIP₃ which leads to Akt phosphorylation and thus the activity of Akt. The PI3K activity was elevated in R21 mutated cells as compared to Wt cells but how its activity was enhanced by α A- crystallin is yet to be deciphered but data suggested a possibility of PI3K phosphorylation might be a possible cause (Pasupuleti *et al.*, 2010). It had been observed that whenever PI3K was inhibited either by LY294002 or any dominant-negative mutation then the anti-apoptotic function of α A- crystallin was completely abolished (Liu *et al.*, 2004, Pashupuleti *et al.*, 2010). Therefore a certain observation led to the inference of the fact that AKT/PI3K pathway activation was responsible for α A- crystallin's antiapoptotic function (Fig 1).

Originally α A- crystallin was described as an endogenous neuroprotective factor in retinal neurons which was exhibited in overexpression-related studies in hypoxic stress or optic neuropathies (MacRae, 2000, Nath *et al.*, 2022). Previous studies had revealed that the exogenous administration of α A- crystallin resulted in a protection and rescue of neurons from degeneration associated with metabolic or hypoxic stress (MacRae, 2000, Ying *et al.*, 2014, Nath *et al.*, 2022). It was associated with significantly decreased levels of GFAP in both the retina and the crush site following the third day of optic nerve crush injury and the induction of astrocyte architecture remodelling at the crush site (Piri

et al., 2016). Such data demonstrated the protective potential of α A- crystallin (functionally enhanced) recombinant proteins against neurodegeneration.

Role of α B- crystallins in the apoptotic pathway

α B- crystallin, a member of the small heat shock protein family is known for its role in biological functions which includes response to heat shock, differentiation and apoptosis (Adhikari et al., 2011). During differentiation, myoblasts, the precursor cells in muscle regeneration express increased levels of α B- crystallin and TNF- α even though the connecting link between these proteins in cell signalling is not clearly understood. Use of different approaches to induce the expression of α B- crystallin or its functionally compromised mutant R120G α B-crystallin had revealed that an increased expression of wild type α B- crystallin enhances NF- κ B activity (Ito et al., 2002, Launay et al., 2006, Adhikari et al., 2011). Upon treatment with TNF- α , α B- crystallin associates with IKK β and increases its kinase activity which in turn leads to phosphorylation and subsequent degradation of I κ B- α , which is a negative regulator of NF- κ B activity (Dodd et al., 2009, Adhikari et al., 2011). The activation of NF- κ B by α B- crystallin enhances the expression levels of Bcl 2 which is an anti apoptotic protein and protects the cells from TNF- α induced cytotoxicity (Fig 1) (Kannan et al., 2012). There are

other reported mechanisms by which α B- crystallin prevents apoptosis in cells. An important one is the prevention of caspase-3 maturation and activity and therefore the apoptotic inhibition (Kamradt et al., 2002). A careful scrutiny of mechanisms revealed that α B- crystallin prevented cell death by inhibiting pro-apoptotic molecules such as caspase-9 which is responsible for caspase-3 activation (Kamradt et al., 2002, Adhikari et al., 2011). At the same time, the crystallin protected mitochondrial integrity by preventing the translocation of Bax and Bcl Xs to the mitochondria. A recent study performed had revealed α B- crystallin is able to prevent apoptosis via several mechanisms such as the inhibition of RAS-initiated RAF/MEK/ERK signaling pathway or downstream which blocks the BAX and Bcl-2 translocation from the cytoplasm to the mitochondria (Antinioni et al., 2020, Dimauro and Caporossi, 2022). It interacts with p53 to retain it in the cytoplasm and by the probable mechanism of caspase-3 activation (Fittipaldi et al., 2015). An increased level of phosphorylation of α B crystallin determine its translocation to the myofilaments where it binds various proteins such as titin, desmin, vimentin, nebulin and the inactive precursor of caspase-3 thereby leading to the stabilisation of myofilament and thus the inhibition of apoptosis (Webster, 2003, Dimauro and Caporossi, 2022).

An overview of different chaperones and their role as antiapoptotic agents has been summarised in Table 1.

Table 1. Some molecular Chaperones and their role as anti apoptotic agent

Name of Chaperone	Role in antiapoptosis	Disease regulated	Reference
Hsp 90	Block cell death upon association with key apoptotic factors	Cancer	Xia et al., 2014, Wang et al., 2014
α A- crystallin	Interaction with caspase-3 and caspase-9 and inhibiting their activation	Retinal neurodegenerative disorders	Liu et al., 2004, Pasupuleti et al., 2010, Piri et al., 2016, Chakraborty et al., 2023
α B- crystallin	Activation of NF- κ B increase levels of Bcl-2, an antiapoptotic protein; Interaction with caspase proteins	Bacterial endophthalmitis	Kamradt et al., 2002, Webster, 2003, Fittipaldi et al., 2015
Hsp 70	Cytoprotective action; inhibition of TNF- α related apoptosis	Cancer	Garrido et al., 2003, Wang et al., 2014
Hsp 27	Inactivation of caspase-3 and cytochrome c released from mitochondria	Cancer	Acunzo et al., 2012, Wang et al., 2014
Hsp 60	Possess Anti apoptotic threshold in tumor cells; cytoprotective action	Cancer	Dumont et al., 2007, Ghosh et al., 2007

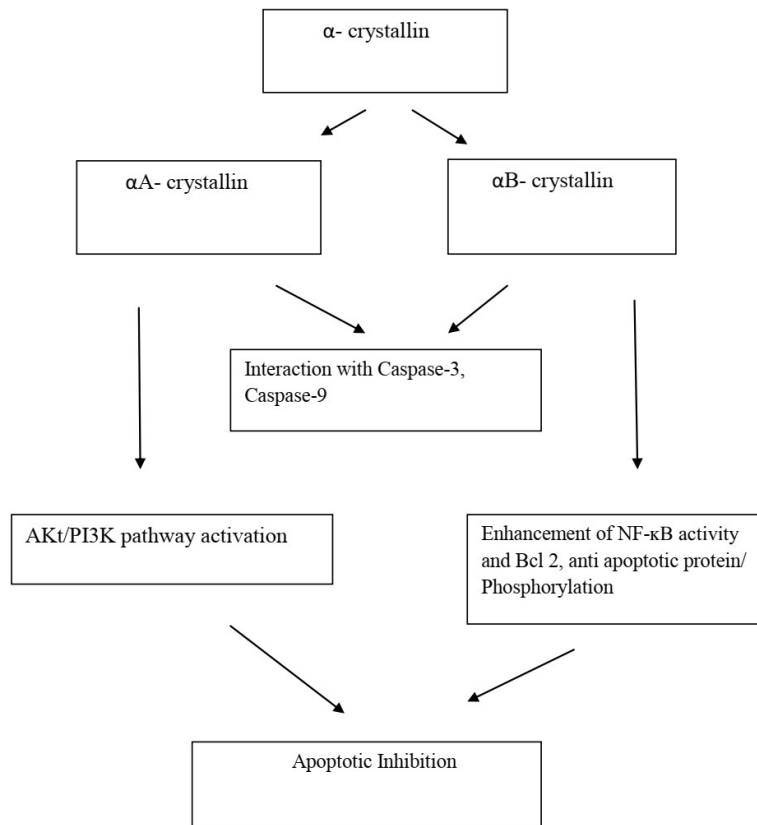


Figure 1: Subunits of α -crystallin are apoptotic inhibitors. Both share a common mechanism of interaction with caspase factors.

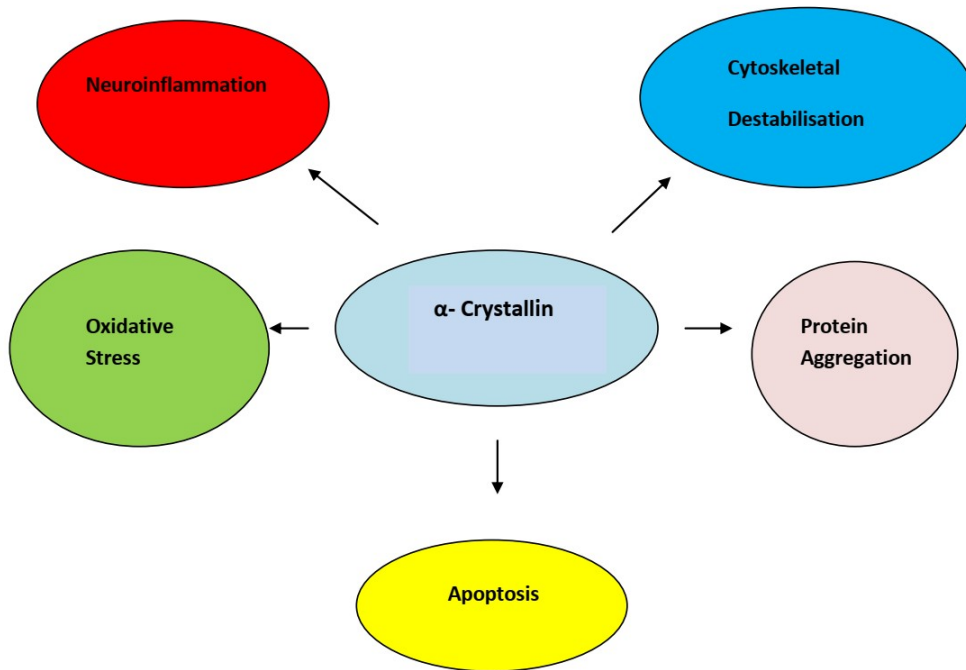


Figure 2: α -crystallin inhibits several processes responsible for causing disease and thus exploited for therapeutic benefits.

Therapeutic potential of α -crystallins as anti apoptotic agents

The ability of α - crystallin to inhibit apoptosis has been exploited for its therapeutic use. For instance, intravitreally injected α - crystallin was found to promote axonal regeneration after optic nerve crush in rats (Fig 2). The direct delivery of α - crystallin to retinal ganglion cells resulted in the upregulation of α A- crystallin in the retina via Toll-like receptor but the absence of α A-led to retinal degeneration (Wang *et al.*, 2014, Nagaraj *et al.*, 2016). The absence of α B- crystallin on the other hand, enhanced retinal apoptosis during bacterial endophthalmitis (Whiston *et al.*, 2008, Chakraborty *et al.*, 2023). Pasupuleti *et al.*, 2010 had demonstrated in his previous study about the possible linkage of α - crystallin's chaperone activity and its antiapoptotic activity. It has other beneficial effects such as the ability to bind to copper and quench reactive oxygen species (ROS) formation. The phosphorylation of α A- or α B- crystallins (serine or threonine residues) had been shown to possess a possible role in the anti-apoptotic activity of the respective crystallins (Sharma and Santhoshkumar, 2009, Phadte *et al.*, 2021). It was found that cardiomyocytes expressing an alanine substituted triple mutant of α B- crystallin (S19A/S45A/S59A) expressed an increased susceptibility to sorbitol and hypoxia induced apoptosis in comparison to wild type cells (Morrison *et al.*, 2003, Phadte *et al.*, 2021). When cultured rat astrocytes were treated with a p38 protein kinase inhibitor SB203580 or the ERK1/2 inhibitor PD98059, two kinases responsible for phosphorylation of α B-crystallin, increased their susceptibility to ceramide and staurosporine induced apoptosis which revealed the role of α B- crystallin phosphorylation in the crystallin's anti apoptotic activity (Li *et al.*, 2005, Ruebsam *et al.*, 2018, Phadte *et al.*, 2021). Though evidences for role of α A- crystallin were scarce but a recent study determined the key role of phosphorylation in the cytoprotective function of α A- crystallin. Cell culture experiments which were done showed that the expression of the α A-crystallin phosphomimetic T148D resulted in an increased survival rate of R28 cells subjected to metabolic stress (Takemoto *et al.*, 1996,

Schaeffer *et al.*, 2003, Ruebsam *et al.*, 2018). An in vitro assessment of the chaperone activity of the α A-crystallin phosphomimetic T148D revealed a two-fold increase in its activity as compared to the wild-type protein (Nahomi *et al.*, 2013, Phadte *et al.*, 2021). These results revealed the possible role of retinal α A- crystallin on its neuroprotective protection. The data overall suggested the possible therapeutic roles of α - crystallins as apoptotic inhibitors.

Concluding remarks

α - Crystallins are better known as molecular chaperones and for their anti apoptotic activities. The interaction of crystallins with pro apoptotic molecules such as p53, Bax and Bcl X(S) and preventing their translocation into mitochondria unleash their tendency to act as apoptotic inhibitors. Both subunits of α - Crystallin possess distinguishable roles as antiapoptotic agents. α A- Crystallin is able to inhibit the activation of two Caspase proteins, Caspase-3 and Caspase-9 while at the same time it may enhance the levels of PI3K activity which in turn is responsible for the anti apoptotic function of α A- crystallin.

α B- Crystallin on the other hand, in found to inhibit apoptosis via the activation of NF- κ B, which increases the expression of Bcl 2, an anti apoptotic protein which protects the cells from TNF-induced cytotoxicity. A similar mechanism by which both subunits of α - crystallin can inhibit apoptosis is by interacting with caspase proteins i.e. caspase-9 which is responsible for the activation of Caspase-9. Phosphorylation of α B- Crystallin is responsible for interacting with a variety of proteins such as titin, desmin, vimentin which leads to the stabilisation of myofilaments and thus apoptotic inhibition.

Both subunits of α - Crystallins have been exploited for their role as anti apoptotic agents for therapeutic purposes. The anti apoptotic activity of crystallins seem to hold a possible connection with its chaperone activity. Phosphorylation seems to hold a possible role here because a previous study using phosphomimetic proteins revealed a two fold increase in the chaperone activity of crystallins. The roles of both subunits of α - crystallin can be deciphered owing to the fact that their

absence results in an increased retinal degeneration or apoptosis.

The anti apoptotic activity of α -Crystallins thus hold a vital role as disease-inhibiting but some studies highlighted its disease causing property as well. These two contradictory functions of the protein must be considered carefully for therapeutic considerations.

CONFLICTS OF INTEREST

The authors declare no conflict of interest.

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